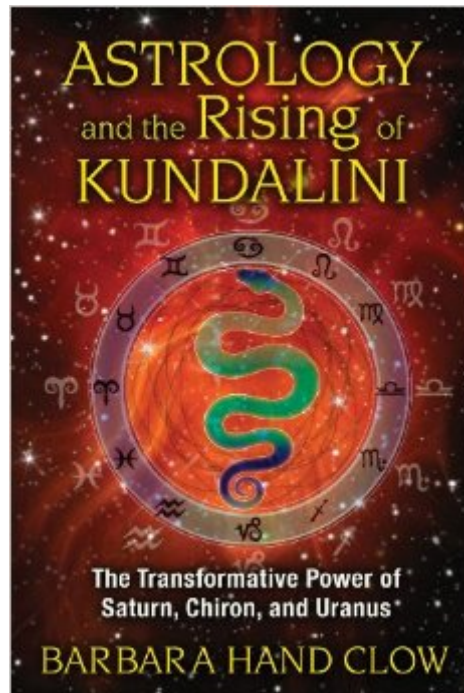


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# Astrology And The Rising Of Kundalini: The Transformative Power Of Saturn, Chiron, And Uranus



## Synopsis

Revised and updated edition of the classic astrology text on predicting and navigating life crises • Provides charts for the transits of Saturn, Uranus, and Chiron--now updated through 2050--to predict your personal growth cycles and timing of kundalini rising • Shares tools to cope with the intensity of spiritual emergency and direct the kundalini energy released during planetary passages • Includes a new preface by the author reflecting on 20 years of success stories since the book's initial publication • No astrological chart needed to use this book

In this updated edition of *Liquid Light of Sex*, renowned astrologer and spiritual teacher Barbara Hand Clow explores the connection between life crises in your 30s, 40s, and 50s and the key astrological passages of Saturn, Uranus, and Chiron in your birth chart. She explains how kundalini energy--the "liquid light of sex" that lies at the base of the spine--is activated during these planetary transits, rising through the chakras and triggering the process of spiritual emergency, and in many cases, a cascade of health, emotional, and relationship problems as well as extreme anxiety. She shows that by understanding these astrological transits, you can be prepared for turbulent periods and successfully navigate them by creatively channeling the spiritual fire of kundalini. Clow provides astrological charts--now updated through 2050 for those born between 1930 and 2000--detailing the cycles of Saturn, Uranus, and Chiron, so you do not need your birth chart to use this book. She explains how to use the charts to predict the onset and completion of each kundalini activation and corresponding crisis. She shares tools for individuals and therapists to cope with the intensity of spiritual emergency and too much fire energy, unblock the chakras, and integrate the power of kundalini for physical, emotional, and spiritual growth. Reflecting on 20 years of success stories since the book's initial publication, Clow presents a road map for using celestial cycles to navigate positively and productively in times of great life change.

## Book Information

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## Customer Reviews

This book is a tool for paying attention to planetary energies and how they relate to your natal chart. Even if you are new to investigating and field-testing astrology, you can start here with this book and not be overwhelmed with math and strange jargon.

This is a must read for anyone middle age. This is great for studying your natal chart. Great to see how & why your family act the way they do. It's in their chart!! Would love to study more astrology.

Now this is a book about Astrology! The subject matter and depth is refreshing. A writer who really works at her craft! Thank you. You can't believe some of the stuff people are putting in Kindle eBooks regarding Astrology. The author has earned my respect and I will purchase more books from her. I found it captivating!

I'm going through the mid-life transit of the uranus opposition and stumbled across her book as a guide to navigate this pivotal time. Really helped to make sense of what I'm experiencing right now. I enjoy her writing and the inclusion of anecdotes about her clients experiencing the same. BIG HELP.

5 star rating. This book is very easy to understand. The information is spot on and make it clear to the reader the author has a very clear picture of the subject being explained. I have for many years searched for a explanation that would help me understand kundalini, this book does just that.

The four stars is for the author. I am not connecting as well as I have in the past, but I think it's me. I loved he book the Pleiades Agenda.

It is so very interesting! I love the way she explains and tells along the way! Thanks Barbara!

Very inspiring,

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